



**Looking for help?** our national helpline can put you in touch with a local volunteer who can. Call **083 900 69 62**

<b>Monday</b>	
Bloemfontein, Langenhoven Park 18:00 - 19:00	11a, A G Visser St, Langenhovenpark, Bloemfontein, Free State ( <i>Sunflower Room, Bloemcare</i> ) [closed] Contact: Johan 081 721 6527
<b>Wednesday</b>	
Bloemfontein, Langenhoven Park 18:00 - 20:00	11a AG Visser Str, Langenhoven Park, Bloemfontein, Free State ( <i>Sunflower Room, Bloemcare</i> ) Stepwork Contact: Johan 081 721 6527
<b>Thursday</b>	
Kroonstad 18:00 - 19:00	60 Reitz Street, Kroonstad, Freestate <i>Opposite the Spur</i> Contact: Jurie 076 996 6397
<b>Friday</b>	
Bloemfontein, Langenhoven Park 18:00 - 19:00	11a, A G Visser St, Langenhovenpark, Bloemfontein, Free State ( <i>Sunflower Room, Bloemcare</i> ) Contact: Johan 081 721 6527

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