

## <your group name here> Meeting

Good evening, my name is ........ I am an addict and a member of Narcotics Anonymous.

Welcome to the closed meeting of the **<your group name>** recovery group. This is a **<open/closed meeting>** on all nights except the first meeting of the month and birthday meetings. Closed meetings are for addicts only or for those who think that they might have a problem with drugs. If this is a closed meeting night and you are not an addict, please come back on one of the open meeting nights, or take one of our meeting lists and we will help you to find an open meeting.

Please stand and join hands as we open the meeting with the <serenity prayer/third step prayer>.

Let's go around the room and introduce ourselves?

Are there any addicts here attending an NA meeting for the first time?

The Newcomer is the most important person at any meeting, so welcome and keep coming back. At first you may find our meeting confusing but if you keep on open mind and look for the similarities rather than the differences, you will soon see the sense and pattern of our meetings. Please approach me during the break if you have any questions or need telephone or meeting lists.

There is one rule which applies to everyone at this meeting: that no drugs or drug paraphernalia be in your possession. This is for the protection of the group and this meeting facility. If you are carrying, please leave and come back without them. Could anyone carrying a cell phone please turn it off for the duration of the meeting.

To conserve the atmosphere created by this meeting, please refrain from any cross talk and once seated, please remain seated. This is a <smoking/nonsmoking> meeting which will run from <time here> <if applicable: to <time> when there will be a coffee break until <time>. Sharing will then continue until just before <time>>.

Would someone please read:

 Who is an addict
 Why are we here
 What is the NA Programme
 How it works
 The Twelve Traditions
 We do recover

At this meeting we recognize specific landmarks in our recovery. Does anyone have....

24 hours clean time?24 hours to 7 days?7 to 14 days?14 to 30 days?30 to 60 days?60 to 90 days?90 days to six months?Six to nine months?Nine months to one year?One to two years?Two to three years?More than three years?

Are there any birthdays or landmarks that you would like to share?

At this meeting we share our experience, strength and hope. The opinions expressed are those of individual members and not NA as a whole. NA's official views are to be found in our literature which our literature person ........ will now take a few moments to talk about.

This is a <type of meeting> meeting; our <topic/speaker> this evening is ......

(Introduce <topic/speaker> and then open floor for sharing or go around the room or open floor for sharing)

<meeting end time minus 10 minutes>: Does anyone have a burning issue? Or does anyone have a problem staying clean just for today? Or would anybody like to bring up any other NA topics?

That is all the time we have for sharing.

"We have never seen a person who lives the Narcotics
Anonymous program relapse"
Gossip leads to relapse and relapse can, and does kill. ..... Remember who you see here and what you hear here remains here (Hear! Hear!)

Our seventh tradition states that we are self-supporting through our own contributions. That's the reason for the basket going around.

Please give generously! Newcomers and visitors are asked not to contribute and to consider themselves our guests. Please don't feel awkward if you don't have cash, we have all been there ... any form of service is equally valuable.

Are there any treasurer, literature or other NA announcements?

Please participate in your own recovery by helping to clean up and stack the chairs. Can we please have two volunteers to wash the cups?

Thanks to all those who have shared and listened.

Would whoever has it, please read "Just for Today'.

Please stand and join hands. After a moment's silence for the addict who still suffers, both in and out of the group, would ...... please lead us out in the <Serenity/Third Step prayer>.